

WORKSHEET

DEVELOPING YOUR STORY OF SELF

Before you decide what part of your story to share, think about these questions:

- What values move me to take action and might inspire others to take similar action?
- What stories can I tell from my own life about specific people or events that would show (rather than tell) how I learned or acted on those values?

What are the experiences in your life that shaped your values?

FAMILY & CHILDHOOD	LIFE CHOICES
Parents/Family	School
Growing Up	Career
Your Community	Partner/Family
Role Models	Hobbies/Interests/Talents
School	Faith
	Overcoming Challenge

Think about the challenge, choice, and outcome in your story. The outcome might be what you learned, in addition to what happened. A story doesn't have to be dramatic to be effective!

Try drawing pictures here instead of words. Powerful stories leave your listeners with detailed images in their minds that shape their understanding of you.

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CHALLENGE	CHOICE	OUTCOME